CIRCUITO LOTERIAS CAIXA BRASIL PARAOLÍMPICO DE ATLETISMO, HALTEROFILISMO E NATAÇÃO 2009

Planilha de Índices para Participação na Fase Nacional do Circuito na Modalidade Atletismo

FEMININO

Classes															
Provas	**T11**	**T12**	**T13**	**T20**	**T34**	**T36**	**T37**	**T38**	**T42**	**T44**	**T45**	**T46**	**T52**	**T53**	**T54**
100 metros	00:16,03	00:16,02	00:16,80	00:15,88	00:27,55	00:24,00	00:22,60	00:18,21	00:20,00	00:20,00	X	00:16,18	00:31,90	00:31,90	00:26,00
200 metros	00:33,00	00:33,42	00:35,07	00:33,40	X	00:40,12	00:40,12	00:37,28	X	00:40,00	X	00:34,00	X	00:41,52	00:50,30
400 metros	01:24,00	01:14,00	01:13,80	01:15,71	X	01:27,05	01:30,00	01:24,37	X	01:20,00	X	01:12,79	01:37,33	01:18,79	01:25,00
800 metros	X	02:59,05	02:59,05	X	X	X	X	X	X	X	X	X	X	02:41,17	02:30,50
1.500 metros	X	06:00,00	06:00,00	06:00,00	X	X	X	X	X	X	X	X	X	05:10,00	05:10,00
5.000 metros	X	X	X	X	X	X	X	X	X	X	X	X	X	X	18:40,00
10.000 metros	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Classes																					
Provas	**F11**	**F12**	**F13**	**F20**	**F32**	**F33**	**F34**	**F35**	**F36**	**F37**	**F38**	**F40**	**F42**	**F44**	**F46**	**F52**	**F53**	**F54**	**F55**	**F56**	**F57**	**F58**
Peso	6,20	6,20	X	6.70	2,34	3,25	3,99	4,74	4,66	6,00	6,19	3,83	4,83	6,14	5,97	2,90	3,00	3,70	4,80	4,46	5,86	4,60
Disco	17,40	20,28	20,10	X	5,55	8,02	10,48	12,11	11,06	15,30	15,82	11,83	15,85	19,75	21,06	7,00	7,23	10,93	12,41	13,57	14,90	16,20
Dardo	17,38	13,59	19,72	X	X	7,66	7,66	10,69	9,54	12,70	12,81	X	13,54	17,73	16,91	4,24	5,20	7,60	10,22	10,49	10,74	13,95
Distância	2,84	3,14	3,23	3,50	X	X	X	X	X	X	X	X	1,84	2,52	3,44	X	X	X	X	X	X	X

MASCULINO

Classes															
Provas	**T11**	**T12**	**T13**	**T20**	**T35**	**T36**	**T37**	**T38**	**T42**	**T44**	**T45**	**T46**	**T52**	**T53**	**T54**
100 metros	00:12,70	00:12,50	00:12,80	00:12,60	00:25,90	00:19,35	00:14,75	00:13,80	00:15,18	00:13,80	X	00:13,60	00:23,90	00:20,80	00:18,04
200 metros	00:27,00	00:26,15	00:26,50	00:26,00	00:36,03	00:38,00	00:31,50	00:28,65	00:32,19	00:27,07	X	00:26,40	00:45,00	00:35,52	00:33,06
400 metros	01:00,50	00:58,00	00:58,00	00:58,00	X	01:32,60	01:15,00	01:10,80	01:08,00	01:04,25	X	00:59,00	01:21,96	01:25,00	01:04,55
800 metros	02:30,00	02:18,00	02:12,00	X	X	X	02:45,00	02:28,59	X	X	X	02:15,00	02:51,32	02:22,13	02:13,65
1.500 metros	05:15,00	05:00,00	05:10,00	05:05,00	X	08:00,00	05:57,00	X	X	X	X	04:52,00	05:30,45	05:32,00	04:58,00
5.000 metros	21:07,00	18:20,00	18:00,00	18:00,00	X	X	X	X	X	X	19:32,30	17:20,00	X	16:00,00	15:00,00
10.000 metros	41:06,43	38:00,00	39:40,00	X	X	X	X	X	X	X	X	38:00,00	X	X	31:40,14

Classes																					
Provas	**F11**	**F12**	**F13**	**F20**	**F32**	**F33**	**F34**	**F35**	**F36**	**F37**	**F38**	**F40**	**F42**	**F44**	**F46**	**F52**	**F53**	**F54**	**F55**	**F56**	**F57**	**F58**
Peso	8,20	8,40	X	8,55	4,74	6,03	6,14	8,00	6,60	8,20	8,37	6,13	8,42	9,10	8,50	5,30	5,12	6,60	5,93	7,00	8,08	8,70
Disco	22,22	23,63	24,12	X	X	12,93	17,99	24,70	19,60	25,88	24,52	X	25,00	27,77	24,70	11,66	15,97	18,00	19,40	23,50	26,14	30,00
Dardo	25,60	31,73	30,00	X	X	11,85	15,21	20,82	22,00	25,00	30,82	X	27,00	32,00	30,00	9,29	10,11	16,50	17,65	19,35	24,00	30,00
Distância	4,00	4,80	5,00	5,5	X	X	X	X	X	3,59	X	X	3,74	4,07	5,00	X	X	X	X	X	X	X
Triplo	9,43	11,02	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X